Principal Herman wants freshmen to know that

By LAURA BEANER

Going from class to class can sometimes be a hassle for new students at Cooper because people standing in the halls or people walking too slow. You just need to plan a little ahead of time and maybe find a different route to take.

The next big thing that ninth graders need to think about is the class credits they will manage their credits.

Going from class to class can sometimes be a hassle for new students at Cooper. Thanks to people standing in the halls or people walking too slow, you just need to plan a little ahead of time and maybe find a different route to take.

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The next big thing that ninth graders need to think about is the class credits they will manage their credits.
Junior year marks the time when students can start taking IB-level courses.

By DAIVNA BELLINGER
Quill staff writer

Students interested in joining the International Baccalaureate (IB) diploma program can do so in their junior and senior years at Cooper. This program involves students completing a series of advanced classes, taking exams related to those courses, writing an extended essay and engaging in a series of service activities, all of which can help them earn college credit hours for college.

The program was first authorized at Cooper in 1998, while Ms. Meyer is in her third year as the IB coordinator.

Christensen presents information about the program to all English classes at the beginning of each year and explains the differences between the IB diploma courses and doing the final diploma.

“Students who are interested in the program must meet with me or Ms. Meyer in order to formulate a two-year plan where we map out courses and exams,” Christensen said.

Christensen and Meyer meet regularly with the IB students for the two years leading up to the program to “support them in the various aspects of the program,” Christensen said.

Cooper offers more than 20 IB diploma courses for students to take. Students can take as many of these courses as they believe they can handle.

“IB diploma students must take in each of the six subject groups: studies in English, Language Acquisition, Individuals and Societies, Sciences, Mathematics and the Arts,” Christensen said.

In addition to these courses, all diploma candidates take the Theory of Knowledge class during their junior year. They must also work on an extended essay, which begins during their junior year and is turned in halfway through their senior year. Additionally, they must complete a series of CAS activities and reflections during their junior and senior years.

The final main component of the IB program is testing. Some common IB exams that students take are Chemistry, Math and English, which are the biggest testing groups.

When it comes to the IB exams, registration information is presented interesting classes and activities in October based on the IB courses the students are currently taking. The tests themselves are administered by Mr. and they are scored on a seven-point scale that helps determine whether or not the students earn an IB diploma and qualify for credit hours at the college of their choice.

“IB exams require a bit as far as individual marks are concerned. However, essentially all IB course exams are based on a seven-point scale,” Christensen said.

One Cooper student who did not get her full IB diploma last year was 2019 graduate Carter Stromberg (12). During his senior year, he took IB English HL, IB 20th Century Topics, IB Physics, IB Geography, IB Math and Theory of Knowledge. He said that he encountered challenges throughout the year. He also recommended the program to incoming freshmen.

“It looks great on a college application,” Stromberg said.

David Sue, who graduated in 2019, took many classes in the IB program. The classes that he took were IB English HL, IB Math, IB Art and IB 20th Century Topics. He said that he enjoyed taking these classes.

“At being able to challenge myself helps me prepare me for when I start college in the fall,” Sue said.
Guidance counselors support all Hawks

Ms. Hough, Mr. Stewart will be working with the Cooper freshman class during the 2019-2020 school year.

The Guidance Office is home to Cooper's grade-level guidance counselors, who help students with their schedules and other personal issues.

Guidance counselors support all Hawks.

Access to healthy foods.

The National Honor Society (NHS) was established in 1926 at the Minnesota State Teachers College in Mankato. In 1985, NHS became an international organization. NHS is a program of recognition for students who achieve academically, and make contributions to their school and community.

By ANDY OIEN
Golf staff writer

Girls in grades can get academic acceleration support from Ms. Hough and Mr. Stewart in the Guidance Office.

When students look for help, they are often directed to the Guidance Office. By contacting counselors, students can get help with course selection, academic and emotion support. The Guidance Office is run by counselors who can meet with students for college, academic and emotion support.

By JACKSON PRIMMER
Golf staff writer

The Guidance Office is run by counselors who can meet with students for college, academic and emotion support. Students can contact a counselor to set up an appointment.

By BYRNE BREITER

Keep your physical health up so you can play sports. Eating healthy is a big piece to the puzzle, along with exercising and getting good sleep. These three major aspects to keeping healthy can all be fairly easy to balance.

Guidance counselors support all Hawks.

The Guidance Office is run by counselors who can meet with students for college, academic and emotion support. Students can contact a counselor to set up an appointment.
Academic achievement relies on simple strategies

From staying organized to taking breaks, there are several ways to boost your classroom performance.

By ALEX DUNHAM

1. Stay organized

It seems like taking a lot of time is absolutely key for staying organized. One way students who are involved in Link Crew or another organization can stay on top of things is by being a part of a school activity. By staying involved in a club or sport, you'll have something interesting to do instead of just sitting at home all day. This is especially important if you're a student who has a lot of responsibilities outside of school. By staying active, you'll be able to stay focused and motivated to keep up with your studies.

2. Make a schedule

It may seem like a lot of work to make a schedule, but the benefits are worth it. One way to make sure you're staying on track is by making a daily schedule. This will help you keep track of all of your assignments and make sure you're completing them on time. Also, try to break up your day into manageable chunks. This will make your schedule easier to arrange and visualize. For example, you could make a schedule for your morning classes and then a separate schedule for your afternoon classes. This will help you stay organized and make sure you're getting all of your work done.

3. Take advantage of work-time

It might seem like a lot of work to set aside time to work on homework, but if you do it consistently, you'll be able to get a lot more done in a shorter amount of time. This is especially important if you're a student who has a lot of responsibilities outside of school. By taking advantage of work-time, you'll be able to stay focused and motivated to keep up with your studies.

Behavior expectations governed by "Hawk" acronym

In coming ninth graders will notice signs throughout the building explaining what each letter in the word means.

By LAURA BEANER

The "Hawk" acronym is what students at Cooper follow during their time in high school. It's designed to help students navigate the school environment and provide a code to living the Cooper community. Here's how it works:

The "O" stands for service. Whether in the classroom or in sports, service must be earned. However, it also plays a role in having conversations with a person you might disagree with.

It's important because it is about your actions and your words. Be respectful and thoughtful in your interactions with others. Be a good listener and give others the opportunity to share their thoughts and ideas.

The "N" stands for trustworthiness. It's important because it's about the way you treat others. Be honest and transparent in your interactions with others. Be a good listener and give others the opportunity to share their thoughts and ideas.

The "F" stands for friendliness. It's important because it's about your actions and your words. Be respectful and thoughtful in your interactions with others. Be a good listener and give others the opportunity to share their thoughts and ideas.

The "A" stands for accountability. It's important because it's about the way you treat others. Be honest and transparent in your interactions with others. Be a good listener and give others the opportunity to share their thoughts and ideas.

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College Center is open to all ninth graders.

It is never too early for Cooper students to start thinking about what will come next after graduating from high school.

The students in the labs are overviewed by Ms. Olsen and a collection of math teachers.

Ms. Meredith said.

The help Warndahl most often provides at the College and Career Center includes sending transcripts to colleges and helping with the FAFSA and applications. She said she likes helping students with these issues.

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Seniors share high school survival tips

Four years at Cooper gave the Class of 2019 insights on many issues

By ANTHONY ZEIDER

Staff writer

Graduating seniors have a lot of advice for the youngsters coming into Cooper. There are many things they know now and that they think this year’s “freshmen” will find helpful. Ninth graders may not think seniors know what they are talking about, but they do.

Lori Beams: “Get what you can get done as soon as possible so you don’t fall behind. High school isn’t what it seems like in the movies. It’s going to be harder than what it seems.”

Mysterious Snook: “Stay on top of your credits. Nobody wants to sit in ABC Lab all semester long, even though we do love Mr. Ludbrook and Ms. Giere. Never take a study hall.”

Taylor Quirián: “Put yourself out there and try everything. High school is only as fun as you make it that way.”

Brad Good: “Never give up on your dreams and goals and don’t stop working hard.”

Karena Yang: “Stay in school and keep your grades up. Remember that college is expensive, so you better start saving now.”

Domenica Shekuny: “Don’t stress over small things. If you might as well pass a class if you’re taking it for half a year.”

Brendan Faulkner: “Don’t fall behind in your work.”

Evan Partlow: “Stay focused and don’t slack on your classes. You might have four tests, but they all matter, even if you don’t want to get to college. When you leave your 12th grade year, you’ll feel good knowing you have good grades.”

Briona Fontings: “Follow your dreams and don’t let anyone try to steer you from your passion and what you love to do.”

Amy Moelius: “Make the most of the time you have at Cooper. It’s going to leave so many memories on you. Don’t think the time is wasted and don’t forget to be a kid, too, because you’ll look back at these days and miss these times. Also, stay caught up on your work; otherwise, you will get held back and it will get harder and harder to catch up.”

Jennie Johnson: “Stay caught up on your work as much as you can so you don’t have to worry about it in the long run. Try the time to get to be senior year, you’ll want the free time, but you won’t get it if you fall behind.”

CHROMEBOOKS continued from page 2

that happens on their Chromebooks, so they should not allow other students to log on to them.” King said.

Chromebooks have been a useful piece of technology for many students at Cooper since they were first introduced in the school.

“I don’t have a laptop, so when I have written essays, I use it for homework and other schoolwork,” 2019 graduate Chloe Vang said.

One 2019 graduate who has a tip for incoming freshmen about how to use their Chromebooks is Avery Darling.

“I use it for that and other work,” 2019 graduate King said.

“Veteran students quickly learn to keep that study noise in that bag. Most backpacks will easily fit Chromebooks, technology and writing essentials.”

“If you should ask what you need in your bag because you might have stuff in your bag that you don’t need or didn’t want to bring to school,” 2019 graduate Alonso Ibarra said.

An orange tardy slip is something every student should try to avoid during their time in high school.

By ANDREW KUTZLER

Staff writer

Getting to class on time can be a challenge. It’s easy to get through the packed hallways as you make the long walk across the school. However, there are some ways to avoid being tardy.

1. Walk and talk

Some students use up their time between classes meeting up with their friends to talk. This leads to them being late to their next class. To fix this, students should continue walking to their next class while socializing with their friends. This helps close the gap between classes while still being able to talk with your friends.

Walking and talking during passing time is very important in helping Cooper students be on time to class. I know it is very important in keeping in contact with your friends, but everyone’s attendance is the most important,” 2019 graduate Evie Hood said.

2. Pick the right staircases

The hallways became quite packed so it’s always good to know a faster way around the school. For example, there are a number of staircases around the school beyond the one near the main entrance. It is important to use them when you can.

“Students should try to avoid any- thing that prevents them from getting to their next class as quickly as possible. Therefore, they should make better staircase choices where there aren’t any distractions so they can get to class without any prob- lems,” 2019 graduate David Soe said.

3. Carry the proper materials

Veteran students quickly learn to keep that study noise in that bag. Most backpacks will easily fit Chromebooks, technology and writing essentials.

“You should keep what you need in your bag because you might have stuff in your bag that you don’t need or didn’t want to bring to school,” 2019 graduate Alonso Ibarra said.

Advanced planning can help in hallways

Avoiding tardiness is easier when students are smart about how they use the five-minute passing time.
Hawks choirs seek incoming freshmen

There are many opportunities inside and outside of the school day for student singers to get involved

Variety Page 7, The Quill

By DAIVNA BELLINGER
Quill staff writer

Cooper offers a variety of choir classes students can take for credits. The choir class that all incoming freshmen go into is Freshmen Choir, which requires no auditions. The next level is Bel Canto Choir, which consists of students in grades 10-12. Additionally, there is Bel Choir, which is an all-soprano-and-alto choir group for grades 10-12, and Concert Choir, which is for singers in grades 10-12.

Cooper choir Ms. Rowan said she is excited to meet the incoming freshmen because she enjoys watching them progress.

“I am looking forward to seeing new students that will be joining Cooper choirs because I can’t wait to see how they each will grow throughout their next four years of high school,” Rowan said.

In the very beginning of the year, students are placed into singing part groups, including soprano 1, soprano 2, alto, tenor and bass. Although Freshmen Choir does not require auditions, the choirs after ninth grade do. Auditions for Varsity Choir, Bel Canto and Concert Choir are usually in April by Rowan and her teacher Mr. Vahli.

In order to stay in choir, students must meet several requirements. One requirement is a small amount of online and paper assignments in class. Students who are required to participate perform at both the winter and spring concerts for their summative grades. Students who can’t perform on the night of those concerts have to plan that in advance with the teachers.

During the formal concerts, choir students must wear appropriate attire. No heels, bright colors and sandals are allowed with these "amazing events and opportunities," with her friends who are "perfectly coordinated," because "when the group is together, they are like a family. They are always there for one another over the material or situation. Some advice to the incoming freshmen is to just do it. It may be nerve-wracking, but you can do it," Bergeson said.

"What I enjoy about choir is that we are sort of like a little family. We can help each other grow in our life and I love to sing, so it’s really great to be able to do something I love in school and share it with others," Hollander said.

Hollander said the difficulty of members of the freshman class is to get more confidence to a project or performance. "I encourage all students to give vocal projection to audition for the variety show and act," Hollander said.

“Seize any opportunities. If you think you might be interested in performing music in any way, try it. It is the time to express yourself," Bergeson said. "I think singing skills in that area and take it to the next level. Many students who might not end up being your favorite performers will be someone else’s passion, so do your best to make it a positive experience for everyone," Hollander said.

"Choir has certainly changed lives and the level of growth that I have seen through these students has made me extremely proud of them and their accomplishments that make them who they are today," Vahli said.

Meanwhile, Rowan said she enjoys working with these specialty choir classes because she gets to work with a large group of students who are interested in singing and music, but are not necessarily part of the specialized groups.

"I am looking forward to seeing new students that will be joining Cooper choirs because I can’t wait to see how they each will grow throughout their next four years of high school," Choir teacher Ms. Rowan said. She is excited to meet the incoming freshmen because she enjoys watching them progress.

"I love choir because it expanded my musical capabilities and showed me how to sing. I started singing in middle school and I’ve been singing ever since," Hollander said.

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Students in Drawing I work on a self-portrait, which will be on display in the class on May 22, 2019.

By ALEX DUNHAM

Cooper art teacher

Freshmen have many opportunities open to them if they are interested in the visual arts at Cooper. All of the school’s electives are open to students in all four grades.

Drawing I

This course will challenge students to use the right side of their brains and learn to draw from observation. Students will also learn the basic elements of art, such as line, space, shape, form, color, texture, and color. Additionally, students will work on the principles of design, including balance, unity, movement, emphasis, pattern, contrast and rhythm.

“Whether you’re a fledgling artist or you’d like to brush up on your painting skills, Painting I is the class for you. In this course, you will learn the basics of color theory, as well as the difference between the elements of art and principles of design,” said Erickson.

Not only this, but you will also be able to work with a variety of paints in order to find those that are right for you. You are required to keep a process journal and maintain a process notebook in order to track your progress.

“Painting I is an opportunity for students to work with a variety of materials and learn how to work in a creative environment,” Erickson said.

Photography I

A smartphone or working camera is required for Photography I. A digital, single-lens reflex camera is recommended.

“Whether you’re interested in being a part of the visual arts community or you’re striving to improve your painting skills, Painting I is the class for you. Students in Painting I learn the fundamentals of art and the basics of color theory, as well as the difference between the elements of art and principles of design. Additionally, students will work on the principles of design, including balance, unity, movement, emphasis, pattern, contrast and rhythm.”

Photography I

“By the end of the school year, freshmen and students in Philharmonic Orchestra have the opportunity to audition to be in Symphony Orchestra. It is a great opportunity to improve playing skills and a great opportunity to play in a concert setting. I promise it’s worth it,” 2019 graduate Kira Johnson said.

“Orchestra is a welcoming place for any student, even incoming ninth graders, who are new to music. It’s a great way to make new friends and learn how to work together, and, more importantly, it’s a lot of fun. There’s a place for everyone in orchestra.”

Tryouts coming soon for Cooper fall play

Students with an interest in performing or contributing to the technical crew can get involved in theater

Variety

September 3, 2019

By EMILY JANDEL

Staff writer

The theater musical, which was Hairspray during the 2018-2019 school year, is one of four productions put on through the school theater program.

Toward the end of the school year, freshmen and students in Philharmonic Orchestra have the opportunity to audition to be in Symphony Orchestra. Freshman Nguyen (10) said.

“The theater community becomes like a family and it’s nice to be part of it from the start, especially as a freshman. They’re always looking for new talents,” Nguyen said.

Freshman Orchestra students rehearse for the annual spring concert, which took place on May 2, 2019.

“Orchestra is a welcoming environment for anyone who is interested in music. It’s a great way to improve playing skills and a great opportunity to play in a music setting. I love tours and giving students the chance to perform in new places. In the beginning of the winter season, the one-act play starts its rehearsal process. Eventually, this show goes on to compete against one-act plays from other area high schools. Cooper performers have advanced to state in recent years with the one-act shows.”

“Theater gives students a chance to take a break from schoolwork and focus on techniques and improve their playing.”

Freshman Orchestra students rehearse for the annual spring concert, which took place on May 2, 2019.

“Photography I is an opportunity for students to work with a variety of materials and learn how to work in a creative environment.”

By MADDIE HAYES

Staff writer

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I enjoy watching students become better on their instruments and concerts are always a highlight for me. I love tours and giving students the chance to perform out of state and experience new things,” Pflaum said.

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I enjoy watching students become better on their instruments and concerts are always a highlight for me. I love tours and giving students the chance to perform out of state and experience new things,” Pflaum said.
The football team came one game short of advancing to state tournament play during the 2018-2019 fall sports season.

The main requirement is that you are old enough to compete in the weight room after school. Mr. DeMorett encourages ninth graders to come out for a try and get involved in the program because it is awesome and will benefit from joining the team because the Robins work hard at making everyone feel like they belong, he said. "It's a great way to get fit and meet other students in your class. I hope freshmen would benefit from this," 2019 graduate Grace Nelson said. "I think freshmen would benefit from joining the team because the Robins work hard at making everyone feel like they belong," 2019 graduate Taylor Queenan said.

The weight room is open Monday through Thursday. If there were rainouts or need to cancel it for the day, we will put it on the marquee bus or call everyone," said Nelson.

"We're open up until 4:45. That gives students time to shower up or get changed before watching the practice," Nelson said.

"If people want help, I can give them specific workouts to try," Nelson said. "I don't force anyone to do anything, but I do try and challenge them. I use the weight room as a way to bring the team together."

The weight room is open almost every day of the week. Students should just bring workout clothes, water, and appropriate shoes for working out. "The weight room is open Monday through Thursday. If there were rainouts or need to cancel it for the day, we will put it on the marquee bus or call everyone," said Nelson.

".write"...
Sports

Spring sports squads seek freshmen athletes

There are many ways for competitors to get outside and stay active when the long Minnesota winter comes to an end.

By EMILY JANDL

There are many ways for competitors to get outside and stay active when the long Minnesota winter comes to an end. Student athletes must have an up-to-date physical in order to play high school sports.

Sports physicals must be updated every three years, so athletes will typically need to do so twice during high school.

Activities Office Helps Hawks sign up for sports

The office, which is located on the first floor near the weight room, has all the necessary forms to get involved in school activities.

By JONNY CAMPBELL

The Activities Office, which is a central location for school sports, extracurricular activities and club information, has a place where student athletes can get forms for sports and activities.

Activities Office is especially good for freshmen in terms of sports and extracurricular activities.

Activities Office is also important for all students because it can be a central location for school sports and more.

Sports physicals must be updated every three years, so athletes will typically need to do so twice during high school.

Updated physicals needed to join Cooper teams

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By JONNY CAMPBELL

Student athletes must have an updated physical in order to play high school sports.

Student athletes must have an updated physical in order to play high school sports.

"Student athletes are not allowed to participate in any sports without a sports physical signed by a doctor within the 12 months," Activity Secretary Bethany Schiebe said.

"This is to ensure the safety of the student-athlete is a top priority and our personnel for the first four instructions," she said.

"It is really important for us to do continuous sports physicals on file because we need to know what a student gets sick or during practices," she said. "We need to do continuous sports physicals on file because we need to know what a student gets sick or during practices."